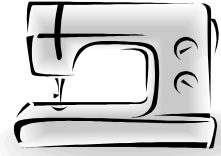




Sewing FUNdamentals!

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Learn to sew! We'll start with the basics, like the parts of a sewing machine and how to sew a straight seam and progress on to more difficult skills such as how to insert casings and facings. The novice sewer will make several useful projects that he or she will be happy to use, wear or give as gifts. Each of the fun-to-make projects focuses upon mastering certain sewing techniques, and as the course progresses, we will build upon those skills. As we advance, we'll incorporate some special techniques such as bias tape-finished edges, quilting and embellishments to help our projects not only be fun to make but also to be as professionally constructed as possible.

Location: One Day Academy South Austin Campus at West Oak Woods Baptist Church.

Schedule: We will meet each Friday beginning on June 12 and ending on August 14, from 12:30 to 3:30. We will not meet the week of Hays Hills Baptist Church's summer Heroes Camp for Kids, which is June 26.

Tuition: \$150 for the summer. \$50 is due upon registration, and the remainder can be paid in two installments, once in June and once in July.

Registration Fee: \$20

Supply List

- *Stitches and Pins: A Beginning Sewing Book for Girls* by JoAnn Gagnon and Carrie Gagnon Berneking, available at www.bunkhousesewing.com or www.rainbowresource.com. All of the patterns we will be using in this course are found in the book.
- Sewing Machine: you will need to bring this to class each week.
- Package of extra needles for sewing machine (in case one breaks in class). We will designate one needle to be used on paper only.
- Pins: should be fine, sharp and rustproof. The pins with the plastic ball heads are the easiest to use. Quilters pins are bigger and easier to use for younger students.
- Seam Ripper.
- Small pair of scissors
- Dressmaker Shears – one handle is longer than the other. They have longer, stronger blades that can handle cutting fabric. You should never use these to cut paper.
- Optional Supplies: I will have these on-hand in class, but if you want to practice at home or make your own sewing kit, these are nice to have – tape measure, seam gauge, grabbit magnetic pin holder or pincushion, needles for hand sewing, large knitting needs (size 8.5 mm or larger) for poking out stitched corners, soap slivers for marking fabric, water soluble marking pen, color coded dots to transfer pattern markings, iron, ironing board

In addition, you are responsible for purchasing the fabric and notions for all of the projects we will be making. I recommend Hancock Fabrics on S. Lamar just north of 290. They usually have a nice bargain table. All of the projects in this course will use woven cotton or cotton blend fabrics. Plain and print fabrics are a great choice, but please **avoid plaids, stripes, or diagonals**.

Project List

Over the course of the semester, you will be working on several different projects. I've listed each project in the order we will do them along with the materials and supplies that are needed for each project. Please be sure to bring your supplies and your sewing kit with you to each class! Note: We will be doing the projects in the order listed, accomplishing as many of them as possible over the course of the summer. We might not get to all of the projects at the end, but you have the directions and patterns in your book to do them at home. We will be taking the course at your pace.

Prewash all of your fabrics, which means wash and dry them, and then iron them. Most fabrics are pre-coated with something called sizing, and you need to remove this before using the fabric. Also, if you don't wash the fabric before you make your project, it could shrink after it's made.

PILLOWCASE

- 1 yard cotton fabric (choose a bright, fun fabric or one that will coordinate with your room décor. You can use flannel if you want, since it's softer.)
- thread to match

BIBLE OR BOOK COVER

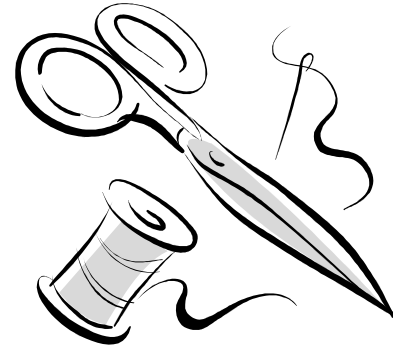
- 3/8 yard of medium weight woven fabric (canvas will work) Note: use plain fabric if you want to add an embellishment)
- iron-on patch or design (optional – I will also have fabric paints to embellish your design)
- the book you wish to cover
- thread to match

TOTE BAG

- ¾ yard fabric – firmly woven, medium to heavyweight
- 2 ¾ yards 1" wide webbing that coordinates with your fabric
- thread to match

LAUNDRY BAG

- 1 yard brightly colored, medium weight fabric
- 3 yards of ¼ inch cording for drawstring
- thread to match



HOUSE POTHOLDER

- 12" x 10" cotton fabric for backing (check the remnant pile)
- Variety of cotton fabric scraps for top (I will have some in class to use, but can't guarantee I'll have the one you like the best.)
- *Cotton batting – I will supply this.*
- thread to match backing fabric
- *Embroidery floss – I will supply this.*
- Embellishments (optional) – You can embellish your potholder with buttons, trims (lace, rickrack, tapes, ribbons), stencils, fancy stitches. I will have a variety of these on-hand in the classroom, but if there is something special you want to do, you will need to bring it with you. Check with me before purchasing anything expensive.

DOLL QUILT

- 1/8 yard of 5 coordinating fabric prints (see p. 37 in your book for tips on choosing quilt fabric colors)

- 1/3 yard of border fabric
- 1 yard of cotton batting – I will supply this
- thread to match main fabric
- ¾ yard of 2 inch Quilters Grid – I will supply this.
- If you have a rotary cutter and a cutting mat, please bring to class. I only have one set. Do not purchase one just for class, though. I will pull each of you individually aside while you're working on your House Potholder to cut your squares for this project.

HOSTESS APRON

- 1 dish towel (print should go in one direction)
- 1 package extra wide double fold bias tape
- thread to match bias tape

BOUND BLANKET

- 1 quilted blanket panel (usually 36" x 45") OR 1 yard of fleece
- 2 packages of 1" bias tape quilt binding OR 4 ¾ yards of pre-gathered quilt edging
- thread to match edging

PURSE

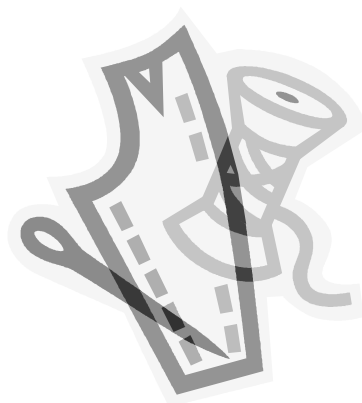
- ¼ yard cotton or cotton blend fabric
- ¼ yard coordinating fabric for lining
- ¼ yard sew-in interfacing (I will provide this)
- 1 ½ inch sew-on snap for closure (I will provide this)
- thread to match

PAJAMA BOTTOMS OR SHORTS

- fabric – There is a chart in your book on page 58 which tells you how much fabric to purchase. You can use cotton or flannel.
- 1 yard of ¾ inch non-roll elastic (I will provide this)
- thread to match

PAJAMA TOP OR NIGHTSHIRT

- fabric – There is a chart in your book on page 64 which tells you how much fabric to purchase. You can use cotton or flannel.
- ¼ yard fusible interfacing (I will provide this)
- thread to match



Syllabus

WEEK #	PROJECT	SKILLS
1	Pillowcase; Cut out Bible or book cover	Learning about your machine, sewing a straight stitch, sewing zig-zag, pressing out seams, hemming
2	Sew book cover and embellish.	More straight and zig-zag stitching, cutting a "squared" rectangle, embellishing your design
3	Tote Bag	Using a pre-printed pattern, sewing on pockets, more practice
4	Laundry Bag Cutting out pieces for potholder	Inserting a drawstring and making a casing
5	Assemble potholder Doll Quilt – cut out squares and apply to Quilter's Grid if time.	Machine quilting (called stitch-in-the-ditch) and embellishments, hand sewing (running stitch and slip stitch) Using a rotary cutter.
6	Assemble doll quilt Hostess Apron	More machine quilting, making a border Using bias tape, using a simple pattern
7	Bound Blanket; Cut purse pieces	Binding quilts with bias tape
8	Purse Cut pajama bottoms and top pieces	Inserting a lining, using sew-in interfacing, sewing on snaps, stitching and turning a fabric tube Using a pattern, transferring pattern markings
9	Pajama Bottoms; Pajama Top or Nightshirt	Putting in an elastic casing, Putting in a sleeve, Using fusible interfacing, grading seams, understitching seams, inserting a facing

This is an ambitious syllabus, but I think that it can be done. You may have to do some final finishing of pieces at home.